

Have a go at these screen-free activities! How many of these can you complete? Colour in the box once you have completed an activity!

1. Play a board game.	2. Learn a new skill.	3. Have an indoor picnic.	4. Build a tent inside using blankets.	5. Learn to speak some words in a different language.
6. Do something kind for someone else.	7. Pull funny faces in the mirror - happy, excited, angry	8. Make something out of rubbish/junk.	9. Play out in the garden.	10. Put on a show!
11. Read a book.	12. Have a dance party!	13. Do a puzzle.	14. Catch bugs and observe them!	15. Draw a picture.
16. Do a job around the house. (clean/tidy / wash up)	17. Find out about something that happened to your Mummy or Daddy in the past!	18. Create a funny way/gesture to greet a friend without shaking their hand.	19. Build something out of Lego or blocks or using nature.	20. Count to 100 in 1s, 2s, 10s or 5s! Maybe even do all of them!
21. Learn a poem.	22. Play a card game.	23. Play hangman.	24. Play I Spy.	25. Learn a clapping game or song.
26. Help make dinner or lunch.	27. Do some bird watching from your window.	28. Read another book!	29. Help to spring clean the garden!	30. Play hide and seek with people or hide toys to find.
31. Play hopscotch.	32. Have a toy's tea party or picnic.	33. Write a letter to your teacher.	34. Play noughts and crosses.	35. Set up an obstacle course.
36. Give your dolls/teddies a bath.	37. Sing a song!	38. Make a paper aeroplane. How far can it fly? How will you measure the length?	39. Read another book!	40. Make a treasure hunt.
41. Learn a joke!	42. Help to recycle!	43. Play Simon Says.	44. Teach your Mummy or Daddy something new!	45. Make a list of 5 things you are thankful for.